



THRIVE

Key Stage 4 (Years 10 and 11)

Qualification Taught to all students in Years 10 and 11 as our personal development curriculum (PSHE, RSHE, citizenship and careers). The school's RSE policy should be linked from this page.

Unit	THRIVE strands	What students learn	Term
Year 10			
Health, Risk and Equality	Happy and Healthy, World Wise	Emotional Wellbeing, Reframing Negative Thinking and World Mental Health Day; Ketamine and Prescription/OTC Medicine Misuse; Drink Spiking; County Lines and Gangs; Protected Characteristics and Equality.	Autumn
Relationships and Sexual Health	Relationship Ready	Intimacy, Pornography and Healthy Expectations; Strangulation, Consent Myths, Image-Based Abuse and Sexual Harms; Healthy, Unhealthy and Abusive Relationships, VAWG and Domestic Abuse; Pressure, Coercion and Coercive Control; Sexual Health, HIV Awareness and Contraception.	Spring
Identity, Society and Citizenship	World Wise	British Values and Politics; Sexual Identity; Disability and Autism; Gambling Harms, Loot Boxes and Risk; Online Fraud and Scams.	Summer
Year 11			
Preparing for Independence	Happy and Healthy, Employability	Grief and Mental Health Stigma; Post-16 Options and Labour Market Information; Job Applications and Employability Skills; Navigating Healthcare and Seeking Medical Advice; Preparing for Independence.	Autumn
Relationships and Future Choices	Relationship Ready	Consent and Communicating Wants and Needs; Unwanted, Inappropriate and Illegal Behaviours; Pornography and Healthy Expectations; Screening, Preventative Healthcare and Fertility; Contraception, Reproductive Health and Family Planning.	Spring
Citizenship and Financial Futures	World Wise, Employability	Finance: Tax, Debit, Credit and Debt; Gambling Harms, Loot Boxes and Financial Risk; British Values and Citizenship; Anti-Semitism and Challenging Hate; Participation, Responsibility and Making a Difference.	Summer